

An international makeup artist to the stars tells us how to look hot in the heat

Summer in the Med is over and the Caribbean season has begun. You're ready for the heat, you can't wait for the parties and you're planning to be in the water as much as possible. You've accepted you'll look like a wet, sweaty mess but maybe you don't have to...

Natalia Langsdale went to get the lowdown from international hair and makeup artist and wardrobe stylist for fashion, advertising and television – [Valerie b](#). Working with celebrities and European Royalty, her work has featured in major fashion editorials, on magazine covers and specialised blogs worldwide, not to mention on yacht shoots too.



A post shared by Valerie b (@onlyvaleriebee) on May 24, 2017 at 9:51am PDT

NL: What's your ultimate "cannot leave the house without when going out to sea" makeup bag contents?

VB: Makeup has to be easy, fast and efficient at sea. Time is reserved for fun and friends so here are my favourite products:

- Guerlain Terracotta Blush. Sun powder with a hint of colour. Charged with pigments you can easily build it up for a sun-kissed look.
- Nars Matte lipstick. I'm in love with their matte pencils: they're easy to apply and stay on forever. They just brought out a whole new line of Powermatte Lip Pigment. Hundreds of colours to play with, hours of fun!
- Diorskin Forever Perfect Mousse: light and easy to apply it glides on and leaves that perfect Dior glow
- A touch of YSL Mascara and a little Touche Eclat and your makeup will rock the night.

NL: What's your favourite accessory?

VB: It's got to be Celine sunglasses and Givenchy handbags.

NL: The most expensive 'must have' jewellery?

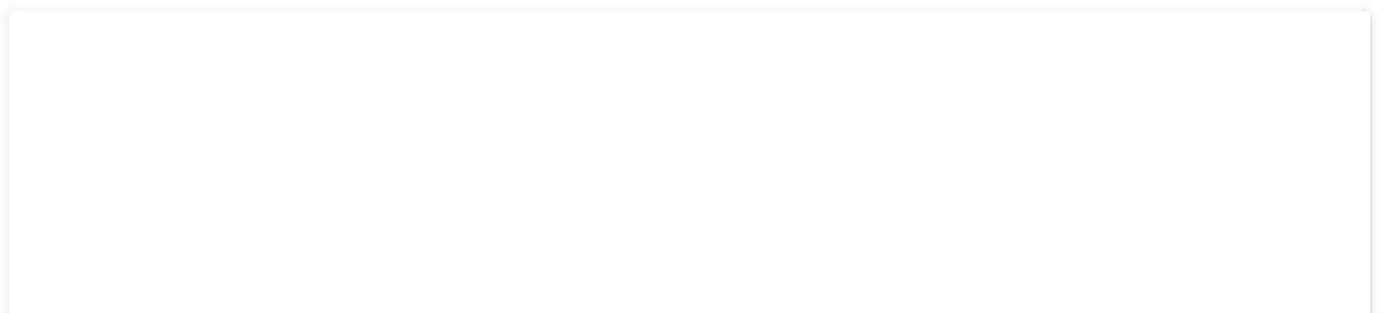
VB: Definitely Anita Ko. Discreet, modern and gorgeous and goes with every outfit.

NL: Your favourite look for when you've woken up and you're having breakie with your beau somewhere at sea on a yacht?

VB: When I think yacht, I think colours, freedom and easy beauty. I think chic bohemian. I would pick a Temperley London dress which moves with the wind and reveals enough skin to be sexy and free. To be worn bare feet of course!

NL: How do you look effortlessly chic for lunch when you're bound to be water skiing or paddle boarding or going nuts on the water slide after?

VB: This Summer I'm in love with Pain de Sucre. Their designs have a hint of classic vintage and they use quality materials that quickly dries. Obviously no outing without SPF 50 on the face – my favourite is La Roche Posay Anthelios Tinted + Anti Shine. It's super cheap, spreads well, stays on and works. Plus it has no perfume nor parabens. Pure magic.





A post shared by Valerie b (@onlyvaleriebee) on Feb 5, 2017 at 2:44pm PST

NL: Last but not least, what is the hottest look for sunset drinks and dancing the night away on board?

VB: In the evening, go sharp, sleek and sexy. I love jumpsuits, they're one-piece wonders. No need to spend hours with the blow-dryer, hair can be tied back in a ponytail à la Bella Hadid.